1. To use the ribbon commands in Excel, we can find the Insert and Delete commands in the "Cells" menu and "Cells" group of commands.
2. If we set a row height or column width to 0 (zero) in Excel, the row or column will be hidden from view. This means that we will not be able to see the row or column, but the data that was in the hidden row or column will still be present in the worksheet.
3. Yes, there may be a need to change the height and width of a cell in Excel. Here are a few reasons why we might want to adjust the cell height or width:

* To make the data in the cell more readable
* To fit data to a specific space
* To improve the appearance of the worksheet

1. "Ctrl+Shift+9"
2. Here are the steps:

* Select the range of cells that we want to search for blank cells.
* Press "Ctrl+G" on the keyboard to open the "Go To" dialog box.
* Click on the "Special" button to open the "Go To Special" dialog box.
* In the "Go To Special" dialog box, select the "Blanks" option and click "OK". This will select all the blank cells in the range.
* Right-click on one of the selected cells and click on "Hide" from the context menu. This will hide all the rows that contain at least one blank cell.

1. Here are the steps:

* Select the range of cells that we want to check for duplicates.
* Click on the "Conditional Formatting" button on the "Home" tab of the ribbon.
* Select "Highlight Cells Rules" from the dropdown menu, and then select "Duplicate Values" from the submenu.
* In the "Duplicate Values" dialog box, choose "Custom format" from the "Format all" dropdown menu.
* In the "Format Cells" dialog box, go to the "Font" tab and check the "Hidden" checkbox.
* Click "OK" to close all the dialog boxes and apply the conditional formatting.